

NASEC KOCHI 2012

NATIONAL SUMMIT ON EPIDEMIOLOGY OF CAD

**Hotel Renai
Sunday 19th August 2012**



Cardiological Society of India Kerala Chapter

NASEC Kochi 2012

Answers what every
physician needs to
know about

Is the prevalence of CAD
rising in India?

Is CAD a significant problem
in the young?

Are there age, sex, regional,
rural/urban differences in
CAD prevalence in Kerala?

Has banning smoking in public
helped to reduce smoking?

Has the projected explosive
increase in diabetes and
metabolic syndrome really
happened?

Is our cholesterol levels
higher than the west?

More than 2 million Indians die of Coronary Artery Disease (CAD) every year and the numbers are increasing. Prevalence of established CAD is around 4 – 6 % in rural India and doubly so in urban India. Most of the prevalence data is derived from studies done before the turn of the century. India has changed in the past 10 – 15 years and the sustained high GDP growth has led to rapid urbanization and rise of middle class. Our population is also aging. Unfortunately there are very little recent studies looking at the prevalence of CAD and its risk factors.

Cardiological Society of India Kerala Chapter Coronary Artery Disease and its Risk factors Prevalence Study (CSI Kerala CRP Study) is the first multicentric study in the country, first study involving urban Kerala and first study from northern and middle parts of Kerala in this field.

We believe that the findings of this study will provide a window to look at what future holds for India in the epidemiology of CAD. Hence we are assembling experts of national and international eminence to give you an in-depth understanding of the problem and pointers to future research in this area.

Come to Kochi, on August 19th 2012 and share your ideas.

Who should attend NASEC Kochi 2012?

All cardiologists and internists taking care of patients with either established CAD or at risk of developing the disease and all those who want to involve in research initiatives in epidemiology of CAD

Program Highlights



Dr Prabhakaran Dorairaj
Executive Director,
Centre for Chronic
Disease Control, New Delhi

Why do we need a life course approach to prevent cardiovascular diseases in India ?



Dr Rajeev Gupta
Chief of Medicine and
Director Research,
Fortis Escorts Hospital,
Jaipur

Hypertension as a gateway for cardiovascular risk in India



Dr Thankappan K R
Prof. Public Health,
SCTIMST,
Thiruvananthapuram

Community based interventions for the prevention and control of cardiovascular diseases - A case study



Dr Katoch V M
Director General, ICMR,
New Delhi

Medical research in India - How to go forward?



Dr Deb P K
President Elect,
Cardiological Society of
India

Prevention of coronary artery disease in India by increasing public awareness



Dr Santhanu Guha
Hon. Secretary,
Cardiological
Society of India

How to facilitate basic research in cardiovascular diseases in India?



Dr Sivasankaran S
Prof. Cardiology, SCTIMST,
Thiruvananthapuram

Lowering of blood pressure in pediatric age group - need of the hour.



Dr Ramankutty V
Prof. Public Health,
SCTIMST,
Thiruvananthapuram

Population Registry of Lifestyle Diseases (PROLIFE) - A prospective cohort study from Kerala

An attempt to find answers

CSI Kerla CRP Study is a multicentric cross sectional survey to find out prevalence of CAD and its risk factors in Kerala

6 centres,
3 urban and
3 rural, from north,
south and middle
regions of Kerala

Wholly funded by CSI
Kerala Chapter.

Principal Investigators of CSI Kerala CRP Study



Dr Venugopal K
Prof. Cardiology,
AIMS, Kochi



Dr Mohanan P P
Chief of Cardiology,
Westfort Hitech Hospital,
Thrissur



Dr Geevar Zachariah
Chief of Cardiology,
Mother Hospital,
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Dr Krishnan M N
Prof. Cardiology,
Medical College,
Kozhikode



Dr Harikrishnan S
Addl. Prof. Cardiology,
SCTIMST,
Thiruvananthapuram



Dr Sanjay G
Asst. Prof. Cardiology,
SCTIMST,
Thiruvananthapuram

CSI Kerala CRP Study

Design and methodology

[Dr Geevar Zachariah](#)

Prevalence of coronary artery disease in Kerala and comparison with rest of India and the world

[Dr Krishnan M N](#)

Hypertension in Kerala - Is awareness and control better than in rest of India?

[Dr Venugopal K](#)

Huge burden of diabetes - Is Kerala leading the way?

[Dr Sanjay G](#)

Are we a lipid rich society? Lessons from CSI Kerala CRP Study

[Dr Mohanan P P](#)

Is Vitamin D levels really important?

[Dr Krishnan M N](#)

Has smoking come down in Kerala? What about other risk factors?

[Dr Geevar Zachariah](#)

Organizing Committee

Chairman :

Dr Tiny Nair (Thiruvananthapuram)

Secretary:

Dr Jabir A (Kochi)

Coordinator :

Dr Geevar Zachariah (Thrissur)

Members:

CSI Kerala Chapter Exe. Committee

Dr George Koshy (Thiruvananthapuram)

Dr Tennyson S (Thiruvananthapuram)

Dr Anil Roby (Kollam)

Dr Binu S S (Thiruvananthapuram)

Dr Jain T Kallarakkal (Kothamangalam)

Dr Johny Joseph (Kottayam)

Dr Radhakrishnan V V (Alappuzha)

Dr Raveendran P (Kannur)

Dr Sajeew C G (Kozhikode)

Dr Somanathan C (Perinthalmanna)

Principal Investigators of CSI Kerala CRP Study

Registration is free. Please confirm your participation by post or email
For queries please contact the conference secretariat

Conference Secretariat

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