

CARDIOLOGICAL SOCIETY OF INDIA KERALA CHAPTER



Scientific Program

KSMC Credit Hours Applied



Summer Conference 2026



May 8, 9 & 10



Hyatt Regency - Thrissur

Dear Esteemed Delegates,

It is our great pleasure to welcome you to the CSI Kerala Chapter Summer Conference 2026, hosted in the vibrant city of Thrissur.

The scientific program will feature keynote lectures, expert panel discussions, case-based sessions, and talks covering contemporary topics in cardiology, including interventional cardiology, cardiac imaging, heart failure management, and preventive cardiology.

We are confident that this gathering will foster academic excellence, professional networking, and the exchange of ideas that will contribute to improved patient care and outcomes.

We also encourage you to experience the cultural richness and warm hospitality of Thrissur during your stay.

We wish you a productive and enriching conference.

Warm regards,



Dr. Karunadas C P
Organising Chairman



Dr. Showjad M
Organising Secretary

Office Bearers

- | | | |
|---------------------------------------|---|---|
| Dr. Asokan P K - President | ◆ | Dr. Rony Mathew - Scientific Committee Chairman |
| Dr. Jo Joseph - Secretary | ◆ | Dr. Praveen S - Treasurer |
| Dr. Sivaprasad K - Imm Past President | ◆ | Dr. S M Ashraf - Imm. Past Secretary |
| Editor - Dr. Natarajan K U | | |

Executive Members

Dr. Bino Benjamin, Dr. Cibul Mathew, Dr. Deepak Raju
Dr. Mahesh Kumar Nalin, Dr. Mathew Abraham
Dr. Mathews Paul, Dr. Mohammed Iesa

8th May 2026 (Friday)



TIME	TOPIC	SPEAKER
3:00 - 4:00 PM	PHYSIOLOGY	
	Session Coordinator: Ramakrishna C D	
	Chairpersons: Ajay Gopal, Kiran Jacob, Manoj Ravi, Navin Mathew	
3:00 - 3:06 PM	A curious case of Kouni's syndrome	Aiswarya Ravikrishnan
3:09 - 3:15 PM	When the Lifeline Becomes the Enemy	Mathews Job
3:18 - 3:24 PM	When the Microcirculation Wins-IMR	Sumanyu Suresh
3:27 - 3:33 PM	Seeing beyond the lumen	Vishnu Chandran B P
3:36 - 3:42 PM	ISR evaluation- Angio or FFR or IVUS	Rajalakshmi
3:45 - 3:55 PM	Lecture: From Lesion Assessment to Optimization: Choosing Between Physiology and Imaging	Bahuleyan C G
4:00 - 5:00 PM	IMAGING / ELECTROPHYSIOLOGY	
	Session Coordinator: Natarajan K U	
	Chairpersons: Akhil P C, Arun Gopi, Mathews Paul, Tharun David	
4:00 - 4:06 PM	Beyond Angiography and FFR: When OCT Unmasked the Culprit	Stalin P John Benz
4:09 - 4:15 PM	Eyes do not see what the IVUS does	N Arun
4:18 - 4:24 PM	When the Scaffold fails-Stent Fracture with Tissue Prolapse in Proximal LAD - An OCT-Guided Rescue	R G Patrudu
4:27 - 4:33 PM	Inside the stent : IVUS guided rescue of LAD covered stent occlusion	Mahajan Kunal
4:36 - 4:42 PM	The wolf in sheep's clothing	M Vignesh
4:45 - 4:55 PM	Lecture: ICD Therapy in 2026: Who, When, and Why	Natarajan K U
5:00 - 6:00 PM	CORONARY INTERVENTIONS	
	Session Coordinator: Anil Kumar R	
	Chairpersons: Jayesh Bhaskaran, Prasanna Kumar, Shafiq Rehman, Shaveen, Sulthan Raslin	
5:00 - 5:06 PM	Ostium precision Unlocked- The Marker advantage	Saritha Sekhar
5:09 - 5:15 PM	When Normal Isn't Normal: Dual LAD in ACS	S Prasanth
5:18 - 5:24 PM	When life gives you a second chance-retrograde CTO PCI	G R Arun Chand
5:27 - 5:33 PM	Intriguing story of rocky rive	Thrudeep Sagar
5:36 - 5:42 PM	Optimizing Stent Expansion in Heavily Calcified Coronary Lesions	Akhil K T
5:45 - 5:55 PM	Lecture: Calcium in PCI: What Works, What Fails, and What to Choose	Jayesh Bhaskaran
6:00 - 7:00 PM	ECHOCARDIOGRAPHY	
	Session Coordinator: Rajan Joseph Manjuran	
	Chairpersons: Anil Kumar R, George Koshy, Joseph Cardoz, Rajiv C	
6:00 - 6:06 PM	It is a valve- Parachute Mitral Valve	Tony T Vempeny
6:09 - 6:15 PM	A floating source of embolic stroke	Mohammed Khaleef
6:18 - 6:24 PM	"When Ebstein Isn't Ebstein"	Richie George

TIME	TOPIC	SPEAKER
6:27 - 6:33 PM	A rare arch anomaly, a common symptom	Govind S M K
6:36 - 6:42 PM	A tail of two MR jets	Rana S Lal
6:45 - 6:55 PM	Lecture: Echo-Guided Cardiology: Changing Decisions at the Bedside and in the CCU	Sudhayakumar N
7:00 - 8:00 PM	NON-CORONARY INTERVENTIONS	
	Session Coordinator: Ashraf S M	
	Chairpersons: Akhil P C, Jo Joseph, Praveen S V, Shafeeq Mattummal	
7:00 - 7:06 PM	Trans-catheter closure of delayed ventricular septal rupture in a high-risk elderly patient with successful revascularisation	Monisha D Souza
7:09 - 7:15 PM	BMV as a bailout strategy in degenerative Bioprosthetic Mitral Valve	Sumanyu Suresh
7:18 - 7:24 PM	The misdirected jet - When LV found an unusual exit	G Harikrishnan
7:27 - 7:33 PM	Closing the gap - Percutaneous device closure of prosthetic aortic paravalvular leak	Devu R
7:36 - 7:42 PM	The hidden shunt - A route to disaster	N M Ajmal
7:45 - 7:55 PM	Lecture: TAVR in 2026: One Patient, One Valve - Getting the Choice Right	Ashish Kumar M



9th May 2026 (Saturday)



TIME	TOPIC	SPEAKER
9:00 - 10:00 AM	Redefining Lipidology: From Targets to Transformation	
	Session Coordinator: Jayagopal P B	
	Chairpersons: Dirai N, Manikandan, Manoj Ravi, Philipose John	
9:00 - 9:08 AM	How Low Can We Go? Ultra - Low LDL in the Era of Inclisiran	Bino Benjamin
9:12 - 9:20 AM	Targeting Lipoprotein(a): Emerging Therapies and the Future of Residual Risk Reduction	Deepak Raju
9:24 - 9:32 AM	Lipid Management in Special Populations: Tailoring Therapy in Diabetes, CKD and Pregnancy	Abhilash T G
9:36 - 9:44 AM	Targeting Inflammation in Atherosclerosis: Lessons from COLCOT and LoDoCo2	George Koshy A
9:48 - 9:56 AM	Triglycerides: The Forgotten Risk Factor - Do We Need to Treat Everyone	Sreekala P
10:00 - 11:00 AM	Advanced Heart Failure: Bridging with Mechanical Circulatory Support	
	Session Coordinator: Rajashekhar Varma	
	Chairpersons: Aswin Paul Kooran, Jose Jacob, P T Iqbal, Remitha K	
10:00 - 10:08 AM	Quadruple Therapy in HFrEF: How Fast, How Low	Girish PV
10:12 - 10:20 AM	IABP vs Impella: Evidence, Experience, and Everyday Reality	Raja Sekhar Varma
10:24 - 10:32 AM	Role of GLP-1 Receptor Agonists in Primary Prevention of Cardiovascular Disease	Venugopal K
10:36 - 10:44 AM	Unveiling the Cardio-Renal Benefits of Finerenone: Key Takeaways from the Landmark Trials	Deepak Nandan
10:48 - 10:56 AM	Vericiguat: From VICTORIA to the Real World - Are We Going Beyond the Label	Salman Salahuddin
11:00 - 11:30 AM	Leave Nothing Behind: The Drug-Coated Balloon Era	
	Session Coordinator: K Suresh	
	Chairpersons: Ganga Velayudhan, Jo Joseph, Manoj Thomas, Ullas C S	
11:00 - 11:08 AM	Drug-Coated Balloons vs Stents: Replacement, Rivalry or Complement	Arshad M
11:12 - 11:20 AM	Choosing DCB in Bifurcations: Lesion Selection and Technique	Joby Thomas
11:25 - 11:40 AM	Annual Oration:	
	Chairpersons: K Venugopal, M N Krishnan, Mohanan P P, Rajan Joseph Manjuran	
11:25- 11:40 AM	The Institution Which Nurtured Me	Sasikumar M
11.40 AM-12.00 PM	INAUGURATION	



TIME	TOPIC	SPEAKER
12:00 - 1:00 PM	Acute Myocardial Infarction in 2026: Evolving Concepts and Care	
	Session Coordinator: Prabha Nini Gupta	
	Chairpersons: Mohanan K S, Prathap Kumar, Syam N, Raveendran P	
	Debate Session: Young Early STEMI: Lysis First or Cath Lab First	
12:00 - 12:02 PM	Case Presentation	Krishnakumar A
12:02 - 12:10 PM	I prefer Pharmaco-invasive	Shiji Thomas
12:10 - 12:18 PM	I prefer Primary PCI	Arun Gopi
12:18 - 12:20 PM	What was done on the case	Krishnakumar A
12:20 - 12:24 PM	Rebuttals and Consensus	
12:24 - 12:32 PM	Imaging in Acute MI – Will Morphology Help Therapy	Mathews Paul
12:36 - 12:44 PM	Primary PCI - Single center experience over 4 years (GHATI Data)	Jayagopal P B
12:48 - 12:56 PM	MINS - Peri-Operative challenge in bridging Troponin elevation to management	Mohamed Iesa M
1:00 - 2:00 PM	Hypertension in 2026: Beyond Numbers to Outcomes	
	Session Coordinator: Raju George	
	Chairpersons: Cherian George, Mathew Abraham, Nigel Cletus, Padmaja N P	
1:00 - 1:08 PM	Renal Denervation in Hypertension: Prime time or Pipe Dream	Mahesh N K
1:12 - 1:20 PM	Positioning Beta Blockers amidst Evolving CV Guidelines and Innovations	Felix Mahfoud
1:24 - 1:32 PM	Hypertension in the Cardio - Metabolic Era: Rethinking Risk and Treatment	James Thomas
1:36 - 1:44 PM	How Low Is Too Low? Blood Pressure Targets in Modern Practice	Anil Balachandran
1:48 - 1:56 PM	Un-met Need in Management of Resistant Hypertension	Rajesh T
2:00 - 2:45 PM	LUNCH	
2:45 - 3:40 PM	Valvular Heart Disease: The Era of Transcatheter Therapy	
	Session Coordinator: Bijulal S	
	Chairpersons: Hamsa K A, Rajiv C, Renjukumar B C, Vinod Thomas	
2:45 - 2:53 PM	From CT to Cath Lab: Planning and Choosing the Right Valve in TAVR	Shafeeq Mattummal
2:57 - 3:05 PM	Coronary Disease in TAVR: Treat Before, After, or Not at All ?	Bijulal S
3:09 - 3:17 PM	Right Heart Failure: Identifying the Tipping Point Beyond Medical Therapy	Harikrishnan S
3:21 - 3:35 PM	Guest lecture: Percutaneous Management of Stuck Valves	Ajit Mulasari



TIME	TOPIC	SPEAKER
3:40 - 4:30 PM	Emerging Techniques and Therapies in Cardiology	
	Session Coordinator: Madhu Sreedharan	
	Chairpersons: Anwar K, Johny Joseph, Leena Thomas, Praveen G Pai	
	Debate Session: Complex Bifurcation: Medina 1-1-1	
3:40 - 3:42 PM	Case Presentation	Vijin Joseph
3:42 - 3:50 PM	I prefer Provisional Approach	Gopakumar K S
3:50 - 3:58 PM	I prefer 2-Stent strategy	Saritha Sekhar
3:58 - 4:00 PM	What was done on the case	Vijin Joseph
4:00 - 4:04 PM	Rebuttals and Consensus	
4:04 - 4:12 PM	Hybrid Stenting with DCB in Bifurcation: Techniques and Evidence	Madhu Sreedharan
4:16 - 4:24 PM	Atrial Fibrillation Detection in the Era of Smart-watches: Promise, Pitfalls, and Practice	Abhilash S P
4:30 - 5:10 PM	Imaging and Physiology in 2026: The New Pillars of PCI	
	Session Coordinator: Jabir A	
	Chairpersons: Anaz M, Dolly Mathew, Rupesh George, Tahsin N	
4:30 - 4:38 PM	Choosing the Right Device for Calcified Lesions: The Role of Imaging	Sivaprasad K
4:42 - 4:50 PM	Invasive Coronary Function testing (ICFT) for Microvascular Dysfunction.	Rajesh Muralidharan
4:54 - 5:02 PM	Near-Infrared Spectroscopy and LCBI: Does Plaque Chemistry Change Therapy	Deepak Davidson
5:10 - 5:45 PM	Arrhythmias in 2026: From Detection to Intervention	
	Session Coordinator: Narayanan Namboodiri	
	Chairpersons: Anees T, Anil Roby, Kadar Muneer, Thomas Mathew	
5:10 - 5:18 PM	Atrial Fibrillation Ablation in 2026: Who, When, and Why	Vivek Narayan Pillai
5:22 - 5:30 PM	Leadless Pacing: Innovation Looking for an Indication?	Bhima Shankar
5:34 - 5:42 PM	Dofetilide vs Flecainide in AF: Is a Shift in Rhythm Control Coming?	Jyothi Vijay M S
5:45 - 6:30 PM	PRE-DINNER SYMPOSIUM- Communication in Cardiology: When Every Word Matters !!!	
	Session Coordinator: Sajan Ahmad Z	
	Chairpersons: George Koshy A, Rajesh G, Rajesh T	
	Cardiology Panel: Abhilash T G, Jabir A, Saritha Shekhar, Sujay Ranga	
	Bystander, Public and Media Panel: Jo Joseph, Prathap Kumar, Shifas Babu	
	Medicolegal Panel: Girish P V, Mahesh N K, K U Natarajan	
	Hospital Admin / Management Panel: Jayagopal P B, Mathew Abraham, Mathew Iype	
5:45 - 6:00 PM	Focus Area: Death	
6:00 - 6:15 PM	Focus Area: Clinical Scenario	
6:15 - 6:30 PM	Focus Area: Medical Jousting and Second Opinion	
8:00 PM	DINNER	

10th May 2026 (Sunday)



TIME	TOPIC	SPEAKER
9:00 - 10:00 AM	Cardiovascular Pharmacotherapy: From Evidence to Everyday Practice	
	Session Coordinator: Govindan Unni	
	Chairpersons: Jithu Sam, Mahesh N K, Nikitha S, Prasanna Kumar	
9:00 - 9:08 AM	Newer Therapies in Pulmonary Arterial Hypertension: Expanding the Treatment Landscape	Tahsin N
9:12 - 9:20 AM	DAPT with New-Generation Stents: How Short Can We Go?	Suneesh Kalliath
9:24 - 9:32 AM	Beyond Diabetes: The Cardiovascular Revolution of SGLT2 Inhibitors	Paul Thomas
9:36 - 9:44 AM	Anticoagulation Without Bleeding? The Promise of Factor XI Inhibitors	Praveen G K
9:48 - 9:56 AM	Pregnancy and Anticoagulation: Safety, Strategy, and Survival	Teffy Jose
10:00 - 11:00 AM	Freepaper Session (Award)	
	Judges: Geevar Zacharias, M N Krishnan, Mohanan P P	
10:00 - 10:08 AM	Correlation of non-invasive myocardial work by echocardiography with late gadolinium enhancement on cardiac MRI in patients with non-obstructive hypertrophic cardiomyopathy	Deepak George
10:12 - 10:20 AM	Clinical Profile and Outcomes of Scimitar Syndrome : A Single Centre Observational Study	P Narasimha Manoj
10:24 - 10:32 AM	Utility of Pressure Strain Loop Analysis to ascertain the differences in Myocardial Work in patients with moderate to severe Aortic regurgitation versus moderate to severe Mitral regurgitation	N.M Ajmal
10:36 - 10:44 AM	Clinical Outcomes of Balloon Embedded Stenting in Bifurcation Lesions with Single Stent Strategy Undergoing Percutaneous Coronary Intervention in a Tertiary Care Centre With 6-Month Clinical Follow-Up Sub-Analysis	Govind S M K
10:48 - 10:56 AM	Assessment of Subclinical left ventricular dysfunction in first-degree relatives of HCM patients using two-dimensional speckle tracking echocardiography (2D-STE) by measuring Global Longitudinal Strain (GLS).	Mohammed Shanil
11:00 - 12:00 PM	Contemporary Cardiology: Current Concepts and Future Directions	
	Session Coordinator: Mathew lype	
	Chairpersons: Jimmy George, Manikandan T V, Sunil Pisharody, Sunil Shivdas	
11:00 - 11:08 AM	Modern Classification of Cardiomyopathies: From Phenotype to Genotype	Gagan Velayudhan
11:12 - 11:20 AM	Dilated Cardiomyopathy: Who Needs Genetic Testing and Why?	Meera R
11:24 - 11:32 AM	Ejection Fraction Is Not Enough: The Clinical Power of Strain Imaging	Shahid S
11:36 - 11:44 AM	HFpEF and Echocardiography: Practical Insights for Clinical Decision-Making	Rajalekshmi S
11:48 - 11:56 AM	Is the Stethoscope Dead? The Era of Handheld Echo	Cibu Mathew

TIME	TOPIC	SPEAKER
12:00 - 1:00 PM	Chronic Coronary Syndromes: Assessment, Intervention, and Prevention	
	Session Coordinator: Sunitha Viswanathan	
	Chairpersons: C G Bahuleyan, Jayakumar T G, Prathap Kumar, Sheeba George	
12:00 - 12:08 PM	Positive TMT: A Gateway to Prevention or Unnecessary Intervention?	Mohananan P P
12:12 - 12:20 PM	When Angiography Is Normal but the Patient Is Not: Microvascular Angina	Shajudeen K
12:24 - 12:32 PM	Before It Ruptures: Can We Predict and Prevent the Vulnerable Plaque?	Shifas Babu
12:36 - 12:44 PM	Evidence-Based Pharmacotherapy in the Very Elderly: Getting the Balance Right	Sujay Renga
12:48 - 12:56 PM	CTO PCI: Do We Have Evidence or Just Enthusiasm?	Louie Fischer
1:00 - 2:00 PM	When Things Go Wrong: Managing Complications in Cardiology	
	Session Coordinator: Deepak Davidson	
	Chairpersons: Jayakumar B, Jimmy George, Markose K P, Saji Kuruttukulam	
1:00 - 1:08 PM	When the Cath Lab Crashes: Are You Prepared?	Prathap Kumar
1:12 - 1:20 PM	Air Embolism in PCI: The Preventable Catastrophe	Amal Paul
1:24 - 1:32 PM	Lost in the Cath Lab: Managing Hardware Dislodgement	Vinaykumar D
1:36 - 1:44 PM	Coronary Perforation: Seconds That Save Lives	Suresh Davis
1:48 - 1:56 PM	Managing Left Main Complications During PCI: A Practical Approach	Saji Subramanian
2:00 - 3:00 PM	GBM AND LUNCH	
3:00 PM	Cardiology Quiz	Arun Gopalakrishnan (Quiz Master)

Organising Committee

Dr. Bino Benjamin, Dr. Deepak Nandan, Dr. Kiran Jacob
 Dr. Manikandan T V, Dr. Rajesh Gopinath, Dr. Sulthan Raslin
 Dr. Thrudeep Sagar, Dr. Ullas C S



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Conference Secretariat

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